

Kick Butts Day 2008

What are you doing on April 2? If you are a smoker, we encourage you to stop during Kick Butts Day 2008. This national day, established by the Campaign for Tobacco-Free kids, encourages people, especially youth, to go tobacco-free. We know that the vast majority of all regular smokers began using tobacco at or before age 18. In Michigan it's estimated that anywhere from 19,000 to 30,000 young people under 18 become new daily smokers each year. For that reason, the American Cancer Society, American Heart Association, American Lung Association, the Campaign for Smokefree Air, and other organizations are joining with the Campaign for Tobacco-Free Kids for this thirteenth annual event.

Yet, there is more that can be done. On Kick Butts Day 2008 we encourage people from around Michigan to call their State Senator and ask them to support HB 4163- a bill which would make all Michigan worksites, including bars and restaurants, smokefree. Smokefree workplaces provide a supportive environment for people who are try to Kick Butts. To learn more we encourage you to visit www.kickbuttsday.org or www.makemaiirsmokefree.org.

Judy Stewart
American Cancer Society
Katherine Knoll
American Heart Association
Susan Schechter
American Lung Association